



National One Match 1 - Gateshead Stadium

				Perf	Record	Wind	UKA	AW	7 June 2008						
				Perf	Record	Wind	UKA	AW							
Men's 100m A				Wind=	+1.0				Men's 100m B						
									Wind=	+2.0					
1	6	Jeffrey Lawal-Baloç	Kent AC	10.50			160	☑	1	77	Andre Williams	Thames Valley Har	10.70	120	☑
2	4	Richard Kilty (u20)	Gateshead Harriers	10.50			160	☑	2	88	Jamie Coull	Trafford AC	10.80	100	☑
3	5	Leroy Slue	Harrow AC	10.70			120	☑	3	66	John Browne	Kent AC	10.80	100	☑
4	8	Simon Farendon	Trafford AC	10.70			120	☑	4	22	Phil Ellershaw	City of Liverpool	11.10		☑
5	2	Thomas Riley	City of Liverpool	10.90			80	☑	5	44	Matthew Davison (u20)	Gateshead Harriers	11.10		☑
6	7	James Christie	Thames Valley Har	10.90			80	☑	6	55	Josh Wood	Harrow AC	11.20		☑
7	3	Richard Buck	City of Sheffield	11.00			60	☑	7	33	Rafael Alleyne	City of Sheffield	11.40		
8	1	Tim Ward	Border Harriers & A	11.00			60	☑	8	11	Luke Giblin	Border Harriers & A	DNF		
Men's 200m A				Wind=	+0.8				Men's 200m B						
									Wind=	+0.5					
1	4	Richard Kilty (u20)	Gateshead Harriers	21.19			156	☑	1	55	Brian Doyle	Harrow AC	21.48	127	☑
2	6	Jeffrey Lawal-Baloç	Kent AC	21.27			148	☑	2	66	John Browne	Kent AC	21.62	113	☑
3	8	Andrew Steele	Trafford AC	21.48			127	☑	3	88	Darren Scott	Trafford AC	21.86	89	☑
4	2	Paul Brizzle	City of Liverpool	21.64			111	☑	4	22	Tony Corrigan	City of Liverpool	22.27		☑
5	3	Richard Buck	City of Sheffield	21.76			98	☑	5	77	Andre Williams	Thames Valley Har	22.30		☑
6	5	Leroy Slue	Harrow AC	21.96			78	☑	6	33	Todd Marshall	City of Sheffield	22.32		☑
7	7	James Christie	Thames Valley Har	22.13			62	☑	7	44	Andrew Sturrock	Gateshead Harriers	22.37		☑
8	1	Tim Ward	Border Harriers & A	22.28				☑	8	11	Jonathan Carleton	Border Harriers & A	22.52		☑
Men's 400m A									Men's 400m B						
1	7	Nick Leavey	Thames Valley Har	47.65			134	☑	1	88	Robert Lewis	Trafford AC	48.30	108	☑
2	8	Richard Beardsell	Trafford AC	48.13			114	☑	2	11	Martin Lipton	Border Harriers & A	49.10	75	☑
3	3	John Kelly	City of Sheffield	48.40			104	☑	3	66	Peter Morgan	Kent AC	49.10	75	☑
4	1	Nick Hogan	Border Harriers & A	48.63			94	☑	4	55	Craig Stewart	Harrow AC	49.10	75	☑
5	5	Ben Carne	Harrow AC	48.75			90	☑	5	33	Sean Brindley	City of Sheffield	49.50	60	☑
6	6	Lawrence Woolridg	Kent AC	49.24			70	☑	6	44	Nick Little	Gateshead Harriers	49.80		☑
7	4	David Riley	Gateshead Harriers	49.74			50	☑	7	22	Brendan Murphy	City of Liverpool	50.10		☑
8	2	Martin Cooke	City of Liverpool	50.36				☑	8	77	Louis Phiri	Thames Valley Har	50.60		☑
Men's 800m A									Men's 800m B						
1	8	Raphael Asofo-Agy	Trafford AC	01:49.60			154	☑	1	88	Tom Minshull	Trafford AC	01:53.30		☑
2	6	Jermaine Mays	Kent AC	01:51.50			116	☑	2	33	Chris Brown	City of Sheffield	01:54.00		☑
3	3	Sam Ellis	City of Sheffield	01:51.70			112	☑	3	66	Feidhlim Kelly	Kent AC	01:54.40		☑
4	1	Steven Morrow	Border Harriers & A	01:51.90			108	☑	4	77	Louis Phiri	Thames Valley Har	01:55.50		☑
5	4	Kieran Flannery	Gateshead Harriers	01:52.20			101	☑	5	44	Andrew Stanton	Gateshead Harriers	01:56.70		☑
6	7	Alastair Hay	Thames Valley Har	01:53.40				☑	6	11	Nick Bradley	Border Harriers & A	01:57.10		☑
7	5	Dean Goodman	Harrow AC	01:56.40				☑	7	22	James Toohey	City of Liverpool	01:57.30		☑
8	2	James McCully	City of Liverpool	02:05.10				☑	8	55	Tom Lewis	Harrow AC	01:59.50		☑
Men's 1500m A									Men's 1500m B						
1	4	Ross Murray (u20)	Gateshead Harriers	03:48.66	PB		132	☑	1	1	Tom Farrell	Border Harriers & A	03:55.85		☑
2	6	Ben Wiffen	Kent AC	03:49.38			126	☑	2	44	Andrew Wiles	Gateshead Harriers	04:01.48		☑
3	8	Tim Egerton	Trafford AC	03:53.62			93	☑	3	22	James Horman	City of Liverpool	04:04.06		☑
4	2	John McCole	City of Liverpool	03:53.79			91	☑	4	55	Peter Norris	Harrow AC	04:07.82		☑
5	7	Rob Russell	Thames Valley Har	03:54.63				☑	5	3	Chris Brown	City of Sheffield	04:12.98		
6	11	Gareth Hill	Border Harriers & A	03:55.07				☑	6	66	Andrew Dunwoody	Kent AC	04:13.28		
7	5	Ben Warren	Harrow AC	03:58.22				☑	7	88	Tom Minshull	Trafford AC	04:18.87		
8	33	Steve Evison	City of Sheffield	03:58.33				☑	8						X
Men's 3000m S/Chase A									Men's 3000m S/Chase B						
1	6	James Connor	Kent AC	09:13.70			132	☑	1	66	Richard Munn	Kent AC	10:12.50		
2	4	Chris Sampson	Gateshead Harriers	09:26.10			107	☑	2	1	Joe Kealey	Border Harriers & A	10:25.40		
3	5	Peter Norris	Harrow AC	09:38.60				☑	3	55	Luke Hunt	Harrow AC	10:34.20		
4	3	Martin Reid	City of Sheffield	10:09.90					4						X
5	2	Steve Freeman	City of Liverpool	10:20.30					5						
6	11	Simon Murray	Border Harriers & A	10:21.50					6						
7								X	7						
8									8						



National One Match 1 - Gateshead Stadium

7 June 2008

Men's 5000m A

	Perf	Record	Wind	UKA	AW	
1	4	Ryan McLeod	Gateshead Harriers	14:32.45	75	☑
2	7	Rob Russell	Thames Valley Har	14:45.78		☑
3	1	Paddy Hamilton	Border Harriers & A	14:45.84		☑
4	5	Dave Branfoot	Harrow AC	14:58.58		☑
5	2	Craig Gunderson	City of Liverpool	14:59.05		☑
6	6	James Connor	Kent AC	15:05.23		☑
7	8	Darren Talbot	Trafford AC	15:22.43		☑
8	3	Paul Green	City of Sheffield	15:57.22		☑

Men's 5000m B

	Perf	Wind	UKA	AW	
1	77	Chris Smith	Thames Valley Har	15:03.42	☑
2	22	Richard Burney	City of Liverpool	15:19.44	☑
3	44	Ryan Stephenson	Gateshead Harriers	15:33.96	☑
4	11	Jon Fletcher	Border Harriers & A	15:38.22	☑
5	66	Michael Claff	Kent AC	15:43.61	☑
6	88	Johnathan Holt	Trafford AC	15:50.32	☑
7	55	Julian Critchlow	Harrow AC	16:25.81	☑
8	33	Richard Mace	City of Sheffield	16:36.93	

Men's 400m Hurdles A

1	8	Richard Yates	Trafford AC	51.10	177	☑
2	5	Andrew Howell	Harrow AC	52.10	152	☑
3	1	Jonathan Miller	Border Harriers & A	53.60	115	☑
4	4	Niall Flannery (u20)	Gateshead Harriers	53.70	112	☑
5	7	Wayne Taylor	Thames Valley Har	54.30	97	☑
6	3	Tom Grantham	City of Sheffield	54.60	90	☑
7	6	Antoni Davis-Phillip	Kent AC	54.80	85	☑
8	2	Jonathon Croasdale	City of Liverpool	55.10	77	☑

Men's 400m Hurdles B

1	88	Robert Lewis	Trafford AC	52.20	150	☑
2	11	Martin Lipton	Border Harriers & A	55.10	77	☑
3	44	Lewis Robson	Gateshead Harriers	56.70		☑
4	66	Shaun Mulligan	Kent AC	57.00		☑
5	55	Craig Stewart	Harrow AC	57.10		☑
6	22	Mark Draper	City of Liverpool	58.20		
7	33	Andy Evans	City of Sheffield	60.00		
8						

Men's 110m Hurdles A

	Wind=	+0.5				
1	3	Domonic Girdler	City of Sheffield	14.20	178	☑
2	1	Ian McDonald	Border Harriers & A	14.30	171	☑
3	7	Daniel Davis	Thames Valley Har	14.40	163	☑
4	8	Kevin Sempers	Trafford AC	14.80	133	☑
5	6	Lee Hamilton	Kent AC	14.90	126	☑
6	4	Andrew Sturrock	Gateshead Harriers	15.10	111	☑
7	2	Richard Baderin	City of Liverpool	15.10	111	☑
8	5	Tom Nichols	Harrow AC	16.20		

Men's 110m Hurdles B

	Wind=	+1.5				
1	33	Roger Skedd	City of Sheffield	14.60	148	☑
2	88	Paul Crossley	Trafford AC	15.00	118	☑
3	55	Gabriel Akin	Harrow AC	15.50		☑
4	11	Neale Kelly	Border Harriers & A	15.70		☑
5	44	Lewis Robson	Gateshead Harriers	16.60		
6	22	Mike Sweeney	City of Liverpool	16.70		
7	66	Shaun Mulligan	Kent AC	19.40		
8						

Men's Hammer A

1	2	Michael Bomba	City of Liverpool	60.06	145	☑
2	5	Iain Park	Harrow AC	57.60	133	☑
3	7	Steve Whyte	Thames Valley Har	55.78	123	☑
4	8	Roger Bate	Trafford AC	55.74	123	☑
5	1	David Little	Border Harriers & A	53.37	111	☑
6	4	Andrew Smith	Gateshead Harriers	52.35	106	☑
7	6	Alan Porter	Kent AC	33.97		
8	3	Daniel Brunt	City of Sheffield	31.22		

Men's Hammer B

1	22	William Lowndes	City of Liverpool	55.01	120	☑
2	11	Peter Holmes	Border Harriers & A	48.16	85	☑
3	55	Scott Thompson	Harrow AC	39.36		
4	44	David Maggs (M50)	Gateshead Harriers	34.89		
5	66	Allan Pekin	Kent AC	31.65		
6	33	Roger Skedd	City of Sheffield	25.12		
7	88	John Howe	Trafford AC	11.59		
8	77	Ben Kelsey	Thames Valley Har	1.71		

Men's Discus A

1	3	Jamie Williamson	City of Sheffield	47.28	115	☑
2	8	Roger Bate	Trafford AC	45.27	101	☑
3	44	Graeme Level	Gateshead Harriers	45.03	100	☑
4	77	Ben Kelsey	Thames Valley Har	42.61	83	☑
5	1	Neil Elliott	Border Harriers & A	42.01	79	☑
6	22	Michael Bomba	City of Liverpool	38.82	56	☑
7	55	Iain Park	Harrow AC	35.45		☑
8	6	Alan Porter	Kent AC	34.51		

Men's Discus B

1	33	Daniel Brunt	City of Sheffield	42.12	79	☑
2	4	Craig Sturrock	Gateshead Harriers	41.64	76	☑
3	7	Steve Whyte	Thames Valley Har	41.59	76	☑
4	11	Willie Falconer	Border Harriers & A	39.36	60	☑
5	88	Chris Hughff	Trafford AC	38.89	57	☑
6	2	Martin Aram	City of Liverpool	36.61		☑
7	66	Jay Thomas	Kent AC	27.50		
8	5	Rohan Samuel	Harrow AC	8.47		

Men's Javelin A

1	8	Michael Allan	Trafford AC	72.34	177	☑
2	4	Ian Burns	Gateshead Harriers	64.24	126	☑
3	1	Chris Smith	Border Harriers & A	61.24	107	☑
4	2	Ben Fisher	City of Liverpool	60.89	105	☑
5	5	Dave Sketchley	Harrow AC	58.23	88	☑
6	3	Luke Peters	City of Sheffield	56.46	77	☑
7	77	Livon Houslin	Thames Valley Har	48.49		
8	6	Alan Porter	Kent AC	43.11		

Men's Javelin B

1	88	Chris Hughff	Trafford AC	67.69	148	☑
2	33	Roger Skedd	City of Sheffield	52.48	53	☑
3	22	Niall Ellison	City of Liverpool	52.23	51	☑
4	11	Alasdair Smith	Border Harriers & A	49.32		
5	44	Dean Barrett	Gateshead Harriers	48.42		
6	7	Duncan MacDonald	Thames Valley Har	47.18		
7	55	Amila Perera	Harrow AC	46.82		
8	66	Matthew Burton	Kent AC	35.47		



National One Match 1 - Gateshead Stadium

			Perf	Record	Wind	UKA	AW
Men's Shot Putt A							
1	4	Craig Sturrock	Gateshead Harriers	15.81		120	<input checked="" type="checkbox"/>
2	3	Jamie Williamson	City of Sheffield	15.62		115	<input checked="" type="checkbox"/>
3	22	Will Lowndes	City of Liverpool	15.07		101	<input checked="" type="checkbox"/>
4	66	Jay Thomas	Kent AC	14.74		93	<input checked="" type="checkbox"/>
5	1	Neil Elliott	Border Harriers & A	14.53		88	<input checked="" type="checkbox"/>
6	7	Steve Whyte	Thames Valley Har	14.01		75	<input checked="" type="checkbox"/>
7	8	Roger Bate	Trafford AC	12.99			
8	5	Iain Park	Harrow AC	11.50			

7 June 2008

			Perf	Wind	UKA	AW	
Men's Shot Putt B							
1	33	Daniel Brunt	City of Sheffield	14.26		81	<input checked="" type="checkbox"/>
2	11	Willie Falconer	Border Harriers & A	14.12		78	<input checked="" type="checkbox"/>
3	44	Andrew Smith	Gateshead Harriers	12.73			
4	2	Martin Aram	City of Liverpool	12.59			
5	88	Chris Hughff	Trafford AC	11.60			
6	6	Albert Johnson	Kent AC	11.49			
7	77	Ben Kelsey	Thames Valley Har	11.12			
8	55	Scott Thompson	Harrow AC	10.29			

Men's Long Jump A

1	5	Kadeem Greenidge	Harrow AC	6.76	+1.0	95	<input checked="" type="checkbox"/>
2	4	John Stacey	Gateshead Harriers	6.65	+0.7		<input checked="" type="checkbox"/>
3	88	John Lee	Trafford AC	6.59	-0.3		<input checked="" type="checkbox"/>
4	77	Matt Morsia	Thames Valley Har	6.58	+0.1		<input checked="" type="checkbox"/>
5	3	Wanangwa Mkandzire	City of Sheffield	6.57	+1.3		<input checked="" type="checkbox"/>
6	6	Lee Hamilton	Kent AC	6.37	+2.2		
7	11	Chris Weitz	Border Harriers & A	6.14	+0.8		
8	22	Mike Sweeney	City of Liverpool	5.88	+1.2		

Men's Long Jump B

1	8	Kevin Sempers	Trafford AC	6.42	+0.1		
2	44	Charlie Dryden	Gateshead Harriers	6.36	+0.7		
3	7	Matt Hulyer	Thames Valley Har	6.34	+1.2		
4	33	Roger Skedd	City of Sheffield	6.27	+0.4		
5	66	Prince Ezenwa	Kent AC	6.20	+0.5		
6	55	Gabriel Akin	Harrow AC	6.15	+2.7		
7	1	Richard Reeks	Border Harriers & A	6.04	+1.1		
8							

Men's Triple Jump A

1	3	David Budd	City of Sheffield	15.01		162	<input checked="" type="checkbox"/>
2	4	Ade Babatunde	Gateshead Harriers	14.66		148	<input checked="" type="checkbox"/>
3	7	Nav Childs	Thames Valley Har	14.48		141	<input checked="" type="checkbox"/>
4	1	David Watson	Border Harriers & A	14.32		134	<input checked="" type="checkbox"/>
5	66	Prince Ezenwa	Kent AC	14.16		128	<input checked="" type="checkbox"/>
6	2	Martin Aram	City of Liverpool	13.51			<input checked="" type="checkbox"/>
7	88	John Lee	Trafford AC	12.95			
8	5	James Okeyemi	Harrow AC	12.83			

Men's Triple Jump B

1	33	Graeme Mathews	City of Sheffield	14.68		149	<input checked="" type="checkbox"/>
2	44	Craig Fiddes	Gateshead Harriers	13.93		119	<input checked="" type="checkbox"/>
3	11	Cameron Clark	Border Harriers & A	13.85		116	<input checked="" type="checkbox"/>
4	77	Matt Morsia	Thames Valley Har	13.68		109	<input checked="" type="checkbox"/>
5	6	Antoni Davis-Phillip	Kent AC	12.70			
6	22	Sean McMahon	City of Liverpool	12.32			
7	8	Alex Girdler	Trafford AC	11.61			
8	55	Tim Maitland	Harrow AC	11.23			

Men's High Jump A

1	3	Wanangwa Mkandzire	City of Sheffield	2.05		115	<input checked="" type="checkbox"/>
2	2	Martin Aram	City of Liverpool	2.00		90	<input checked="" type="checkbox"/>
3	8	Alex Girdler	Trafford AC	1.95		65	<input checked="" type="checkbox"/>
4	11	Andrew Allan	Border Harriers & A	1.95		65	<input checked="" type="checkbox"/>
5	5	Tom Nichols	Harrow AC	1.90			<input checked="" type="checkbox"/>
6	44	Anthony Burnell	Gateshead Harriers	1.90			<input checked="" type="checkbox"/>
7	6	Paul Ujah	Kent AC	1.80			
8	7	Wayne Taylor	Thames Valley Har	1.80			

Men's High Jump B

1	33	Ben Moubrey	City of Sheffield	2.00		90	<input checked="" type="checkbox"/>
2	55	Tim Maitland	Harrow AC	1.90			<input checked="" type="checkbox"/>
3==	1	Richard Reeks	Border Harriers & A	1.85			
3=	4	John Stacey	Gateshead Harriers	1.85			
3=	8	Alex Girdler	Trafford AC	1.85			
6=	66	Joe Appiah	Kent AC	1.70			
6=	22	Mike Sweeney	City of Liverpool	1.70			
8	77	Nav Childs	Thames Valley Har	1.20			

Men's Pole Vault A

1	3	Luke Cutts	City of Sheffield	5.00		150	<input checked="" type="checkbox"/>
2	5	Richard Hurren	Harrow AC	4.70		120	<input checked="" type="checkbox"/>
3	2	Matthew Wright	City of Liverpool	4.30		80	<input checked="" type="checkbox"/>
4	8	Kevin Sempers	Trafford AC	4.30		80	<input checked="" type="checkbox"/>
5	4	Tim Parkin (u20)	Gateshead Harriers	3.90		40	<input checked="" type="checkbox"/>
6	1	David Robertson	Border Harriers & A	3.70			<input checked="" type="checkbox"/>
7	66	Antoni Davis-Phillip	Kent AC	2.10			

Men's Pole Vault B

1	55	Matt Weaver	Harrow AC	3.90		40	<input checked="" type="checkbox"/>
2	22	Chris Roose	City of Liverpool	3.50			

Men's 4x100m Relay

1	5	Harrow AC	Rohan Samuel	Leroy Slue	Brian Doyle	Josh Wood	41.90	<input checked="" type="checkbox"/>
2	2	City of Liverpool	Sean McMahon	Tony Corrigan	Phil Ellershaw	Thomas Riley	42.71	<input checked="" type="checkbox"/>
3	6	Kent AC	Lawrence Woolridge	Conrad Williams	Matthew Wepke	Peter Morgan	42.75	<input checked="" type="checkbox"/>
4	4	Gateshead Harriers	Charlie Dryden	Matthew Davison (u20)	Richard Kilty	Andrew Sturrock	42.79	<input checked="" type="checkbox"/>
5	1	Border Harriers & A	Tim Ward	Luke Giblin	Jonathan Carleton	Ian McDonald	43.37	<input checked="" type="checkbox"/>
6	8	Trafford AC	Richard Beardsell	Richard Yates	Jamie Coull	Darren Scott	DNF	
7	3	City of Sheffield	Domonic Girdler	Rafael Alleyne	John Kelly	Todd Marshall	DNF	
8	7	Thames Valley Har	James Christie	Nav Childs	Nick Leavey	Andre Williams	DNF	



National One Match 1 - Gateshead Stadium

Perf **Recor** **Wind** **UKA** **AW**

7 June 2008

Perf **Wind** **UKA** **AW**

Men's 4x400m Relay

1	8	Trafford AC	Andrew Steele	Raphael Asofo-Agyei	Richard Beardsell	Richard Yates	03:09.58	<input checked="" type="checkbox"/>
2	3	City of Sheffield	John Kelly	Sean Brindley	Tom Grantham	Richard Buck	03:13.86	<input checked="" type="checkbox"/>
3	2	City of Liverpool	Brendan Murphy	Jonathon Croasdale	James Hunter	Martin Cooke	03:16.13	<input checked="" type="checkbox"/>
4	4	Gateshead Harriers	Jak Lowden	Nick Little	Niall Flannery (u20)	Kieran Flannery	03:18.45	<input checked="" type="checkbox"/>
5	1	Border Harriers & A	Jonathan Miller	Richard Reeks	Steven Morrow	Nick Hogan	03:20.14	<input checked="" type="checkbox"/>
6	6	Kent AC	Lawrence Woolridg	Jermaine Mays	Peter Morgan	John Browne	03:20.94	<input checked="" type="checkbox"/>
7	5	Harrow AC	Craig Stewart	Dean Goodman	Luke Hunt	Ben Carne	03:21.34	<input checked="" type="checkbox"/>
8								

MATCH RESULT

League Points

Match

1	Gates	8	312.0
2	Traff	7	306.0
3	Sheff	6	292.0
4	Bord	5	267.0
5	Harr	4	258.0
6	Liv	3	251.5
7	Kent	2	245.5
8	TVH	1	198.0

STANDINGS

League Points

Match

1	Gates	8	312.0
2	Traff	7	306.0
3	Sheff	6	292.0
4	Bord	5	267.0
5	Harr	4	258.0
6	Liv	3	251.5
7	Kent	2	245.5
8	TVH	1	198.0

Men's 100m Non Scoring

Wind= +2.6

1	4	Conrad Williams	Kent	10.90	80	<input checked="" type="checkbox"/>
2	2	Matthew Wekpe	Kent	10.90	80	<input checked="" type="checkbox"/>
3	5	Darren Scott	Trafford	10.90	80	<input checked="" type="checkbox"/>
4	1	Johnathan Carlton	Border Harriers & A	11.00	60	
5	9	Thomas Riley	Liverpool	11.00	60	
6	8	Rohan Samuel (M4 Harrow		11.20		
7						
8						

Men's 100m Scoring (:

Wind

1
2
3
4
5
6
7